



RETREATS & TRAININGS

Custom Trainings for Organizations + Teams

Whether you're embarking on an ambitious new project, seeking a dynamic and different team retreat, investing in growing your staff's capacity, or just need to get re-inspired, let Coro X support your team's success.

ABOUT Coro X

For over 60 years, Coro Southern California has been training diverse and dynamic leaders to work in and across sectors to tackle our region's biggest challenges. Deeply rooted in Southern California, we partner with hundreds of organizations annually. Our signature programs have trained students and executives, community leaders and entrepreneurs, public officials and aspiring public servants on how to maximize their impact. In addition to Coro's in-house programs, Coro X offers customized programming ranging from short retreat-style trainings to longer-format Leadership Collaboratives tailored to your organization's needs.

WHAT WE OFFER

Coro X offers a customizable selection of learning modules to introduce leadership tools and frameworks that foster critical thinking, self-awareness, empowered professionalism, effective communication, and collaboration.

Our Retreats & Trainings are generally half- to two-day workshops, and can be designed to build on one another in series.

OUR APPROACH

Coro builds all its programs around time-tested tools and processes to improve organizational culture, transformational & adaptive leadership practices rooted in reflection and observation, and immersive & inquiry-based leadership development experiences that empower staff at all levels.

Through a dynamic facilitation process, no two Coro X trainings are alike. The experience responds to participants' real-time challenges and each unique group's collective learning process, fortifying the immediate and applicable impact trainings have on those in the room.



The program staff and the content were spot on. The Coro staff understood our needs and adapted to work with us.



— Coro X retreat participant, Spring 2019

WHAT IT LOOKS LIKE

Coro's programs blend experiential, classroom, and cohort-based learning. Fully customizable to the needs of your organization or team, Coro X retreats and trainings can involve...

- ✓ **Reflective Practice**
- ✓ **Issue-based Training**
- ✓ **Change Management**
- ✓ **Inquiry-Based Learning**
- ✓ **Systems Thinking Analysis**
- ✓ **Leadership Styles & Development**
- ✓ **Evaluating How We Think and Act**
- ✓ **Effective and Strategic Communication**
- ✓ **Working with Difference - Diversity, Equity, and Inclusion Training**

KEY COMPETENCIES DEVELOPED

CRITICAL THINKING:

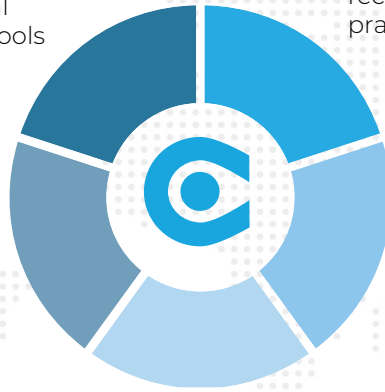
Systems thinking, effective inquiry, understanding organizational structures, problem-solving tools

SELF-AWARENESS:

Personal leadership styles, giving & receiving feedback, reflective practice, personal ecology

COMMUNICATION:

Active listening, purposeful + persuasive presentation and storytelling skills



EMPOWERED PROFESSIONALISM:

Visioning, relationship- and network-building, navigating ambiguity & change

COLLABORATION:

Assessing group dynamics, group process & decision-making, team-building, working with diverse perspectives

PARTICIPANT OUTCOMES

Coro X retreats & trainings equip participants with the tools to:

- ① Lead with self-awareness
- ② Understand & use different leadership styles
- ③ Build trust-based relationships
- ④ Diagnose & improve group process and dynamics
- ⑤ Utilize inquiry as a leadership tool
- ⑥ Lead effective meetings
- ⑦ Balance inquiry and advocacy
- ⑧ Improve listening and coaching
- ⑨ Give and receive feedback
- ⑩ Present persuasively
- ⑪ Navigate difficult conversations, change, and ambiguity

CASE STUDY: Local Business Improvement District

As they prepared to embark on a strategic planning process, a Local Business Improvement District partnered with Coro to design a daylong retreat to develop team cohesion, better understand one another's leadership styles, and sharpen skills in effective inquiry, prioritization, and managing urgency.

100% of respondents rated the training as "very relevant" to their work.

In the words of our participants:

"I've already used many of the techniques we learned [and] we've added these tools to our arsenal when strategic planning." - Executive Director

"These ideas were hovering around my brain for the last 10 years or so, it was great finally getting them solidified." - Participant

"It's nice to have experts that introduce a concept, but then challenge you to figure out how it applies to your specific work." - Participant

COST

Program fees vary, depending on scope of program. Please contact Jenny Vazquez-Newsum for pricing.

To learn more about how Coro Southern California can activate your team or organization, contact Jenny Vazquez-Newsum, VP of Leadership Programs & Training, at training@corola.org.